Certificate
of Participation

THIS CERTIFICATE IS PROUDLY PRESENTED TO

ULFATU FIKI AINURROHMAH

INTERNATIONAL CONFERENCE ON SELF CARE
held on
25 July 2026 (Saturday)
8.00 am - 5.00 pm
Universitas Islam Negeri Maulana Malik Ibrahim
Malang, Indonesia

This certificate is awarded in recognition of your commitment to advancing knowledge and professional practice in self-care, mental health promotion, emotional wellbeing, and psychological resilience. Your participation reflects a shared commitment to fostering healthier individuals, stronger communities, and sustainable wellbeing through evidence-based self-care practices.

Datin Dr Siti Taniza Toha
President of PEKA Malaysia

Dr. (Cand.) Richad D.S. Afandi
President of InHA